

A man with long, dark, curly hair and a beard is seated on a wooden stool, playing a bright blue electric guitar. He is wearing a light-colored, short-sleeved shirt with a floral pattern and dark trousers. The background is a plain, light-colored wall. To the right, there is a blue amplifier with a silver grille and a black handle. A black umbrella light fixture is visible in the upper right corner. The overall lighting is soft and even.

# A Fool's Heart

JUSTIN SALADINO BAND

## A FOOL I'LL STAY

She asked me my name, and I,  
And I stuttered it out.  
I caught her smile,  
I knew she'd figured me out.  
A fool's heart,  
The victim of her game,  
But I don't mind,  
She made me feel no pain.

Give me a little bit of heartache,  
And then you take it away,  
A fool I'll be,  
A fool I'll stay. (x2)

I followed her lies,  
Bound and tethered to those cheating eyes.  
Though my friends say I'm getting schooled,  
I say it suits me just fine.  
Now you got me hooked up on your I.V.  
Without that sweet lovin' I can hardly breath.  
It's clear what you're doing,  
It's plain to see,  
But I can't seem to push you away from me.

Give me a little bit of heartache,  
And then you take it away,  
A fool I'll be,  
A fool I'll stay. (x2)

You made me feel you never needed me, no...  
But honey, that ain't the truth.  
You needed someone to push around,  
To keep your sorry ass off the ground.

Give me a little bit of heartache,  
You try to take it away,  
A fool I'll be,  
But not today. (x3)

## HONEY

She's got me yearnin', so infatuated.  
Only she can satisfy this craving.  
Excuse me... pardon me for staring at ya,  
But I can't help contemplating.  
What would life be with you my little angel?  
Could we make it in time?  
Can I have your heart?  
You, you can have mine.

Don't hide, don't hide, don't hide,  
I know you feel me too.  
Don't try, don't try, don't try,  
To fight what you wanna do.  
Don't hide, don't hide, don't hide,  
Why don't you see me through?  
I need you to understand that there's  
no one I crave but you.

I wanna know how sweet your love can be.  
Why don't you show me little darling?  
What little secrets are you guarding?  
I wanna know how sweet your love can be.  
Why don't you show me little darling?

Well, I know you've got a notion,  
All about my devotion to ya.  
Come on and take my hand.  
'Cause you're my girl and I'm your man.  
I ain't playin' for a one-night stand.  
And in the morning we can do it again and again.  
Can I have your heart?  
You, you can have mine.

## TAKE WHAT YOU NEED

Why don't you drive home in the morning?  
I'll show you how nice a man can be.  
The world and all of its problems,  
Will fade away, just ya wait and see.  
Close your eyes and feel my body,  
Do you want to take all of me?  
You don't have to be shy, just make up your mind,  
And decide how you'd like to proceed.

I want you to feel free,  
To take what you need from me.  
I want you to know,  
You and I got the night,  
Just relax, take your time,  
And let it all go.  
I know days have been long,  
You've got pains you need gone,  
I can give that to you.  
Take my hand follow me,  
I've got the key, let me lead.  
Lay back and grab hold.

I wanna love you to the light of the morning.  
Let the sun shine in, feel the heat.  
I want to be here with you, right now, baby.  
There's nothing on my mind, just ease.

## ALL YOU EVER NEED

I know, a broken heart,  
Can take some time,  
To come along.  
I'll be waiting here by the phone,  
So don't you take too long,  
Don't wanna waste my time.  
But I know you already know,  
That I won't go far,  
Out of your sight.  
'Cause whenever you finally call,  
I'll be there for it all...  
I'll be by your side.

All you ever need, baby,  
It's your blood I bleed, baby,  
My heart is on my sleeve, baby,  
Make me all you ever need, baby.

You know a good heart,  
Isn't something to waste,  
Don't shove it in my face.  
I'm not your dog,  
Don't keep putting me down and putting me out,  
To watch me come back in.  
If you really didn't want me around,  
You shouldn't be coming down,  
To my place so late at night.  
But you know that your knock at my door,  
Will get me up off the floor,  
No matter what the time.

## THIRD WEEK OF JUNE

Third week of June,  
And there's nothing I'd rather do,  
Than spend my days alone with you.  
We can stay out all night,  
Drink wine by the moonlit tide,  
And wait til the sun starts to rise.  
Hide in the grass beneath the trees,  
Roll one up and count all the falling leaves.  
Take a walk through the cemetery at two,  
Tell stories by the candle lit tombs.  
Third week of June and I can't imagine life without you.

On rainy days,  
When the sky's so grey,  
There's only one thing to do,  
Spend my day in bed with you.  
Make coffee for two,  
Take off if the sun pulls through,  
I don't care where when I've got you.  
We can ride for miles upon miles,  
We got the time, the world is ours.  
Go tell Crosby, Stills, and Nash,  
That our Helplessly Hoping days are done.  
Third week of June and I can't imagine life without you.

If you don't wanna end the night,  
Get breakfast at this time,  
And fantasize about our lives.  
Share dreams of growing old,  
And promise to never let go,  
Of the days we found a love so bold.  
Tell me your dreams of a perfect life,  
Where I am yours and you are mine.  
Watchin' folks pass by the window frame,  
Make up a story as they cross our way.

## GOOD LOVE

Yeah, I'm gonna take my time,  
Put it in cruise and keep my eyes on the dotted line.

Not sure where I need to go.  
But I'm gonna take it slow.  
I'll sit back and let it all pan out,  
'Cause there's no need to get excited about,  
A shot at love that didn't go my way,  
Well, I'll come around some other day.

There's no need to worry about it,  
No, not me, I ain't in a hurry.  
I don't doubt that,  
Good love is gonna come my way.  
Ain't much more for me to say.

Good love ain't so hard to find.  
Just lay back and close your eyes.  
Open up your heart you'll be surprised,  
Who walks in your life.

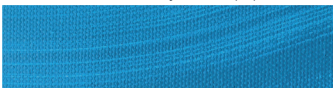
I keep my friends in the cupboards,  
'Cause it gets cold, now that you've gone.  
But I'm gonna find a way,  
To live in this place, on my own.  
'Cause good love is gonna come my way,  
Once I find the will to say.

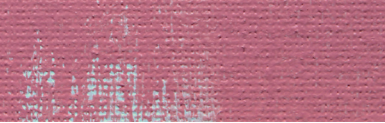
Good love ain't so hard to find.  
Just lay back and close your eyes.  
Open up your heart you'll be surprised,  
Who walks in your life.

They say good things age like fine wine,  
And maybe this soul will take some time.  
She said, "learn to love," as I turned from the door,  
"And you may learn to love yourself."

'Cause good love is gonna come my way,  
Once I pack these bags away.

Good love ain't so hard to find.  
Just lay back and close your eyes.  
Open up your heart you'll be surprised,  
Who walks in your life. (x4)





## PUT THE HAMMER DOWN

Everybody suffers,  
Everybody cries,  
Not all of us wonder,  
If we're the reason why.  
I've blamed so many of the people in my life.  
I put the hammer down on others,  
And that ain't right.

I cursed my lover,  
When all she wanted was a partner.  
I cursed my sweet mother,  
But now I turn to no other,  
To justify all the wrongs in my life.  
I put the hammer down on others,  
And that ain't right.

I face,  
My face,  
To face.  
For this game,  
I am,  
To blame.  
In vain,  
I failed to see.  
My troubles belong,  
To me.

Everybody suffers,  
Everybody cries.  
Not all of us wonder,  
If we're the reason why.  
I blamed so many good people in my life.  
I put the hammer down on others,  
And that ain't right.

## ONLY YOU

Trying to find a little peace of mind.  
But the wisdom of the bottle, always runs dry.  
I know another drink won't be the answer I'm looking for,  
But I'll fill up my glass and look again anyway.  
A couple tokes might help me see, what I couldn't see before.  
Slow me down long enough so I can enjoy,  
A moment of life that might have passed me by.  
But I won't can't recall yesterday if I try.

I've tried meditation,  
And self-medication.  
There's only one thing that can keep my mind,  
From humming, buzzing, running all the time.

Yeah, only you,  
Know what to do,  
To stop me, talk me, rock me,  
Out of feeling so blue.  
Yeah, only you.  
Have got the tools,  
To stop my thoughts from running,  
Stop them dead in their shoes.

Tomorrow morning I'll wake up like so many times before.  
Looking for something to ease all my sores.  
I need those warm curves right up next to me.  
Haven't found another thing that I'd ever need.  
Won't stop me from drinking and staying out all night long.  
Won't stop me from sinking to that same old song.  
Her tenderness should be all that I ever need.  
'Cause up to now she's the only thing that's worked on me.

I've tried meditation,  
And self-medication.  
There's only one thing that can keep my mind,  
From humming, buzzing, running all the time.

Yeah, only you,  
Know what to do,  
To stop me, talk me, rock me,

Out of feeling so blue.  
Yeah, only you.  
Have got the tools,  
To stop my thoughts from running,  
Stop them dead in their shoes.

## BAD HABIT

Her taste — so damn fine,  
Cheap whiskey, liquor, and wine.  
Without her I must confess,  
My life might be less of a mess.  
But her nails on my neck,  
Gets my heart to start to beat in my chest.  
Pull me in and hold me tight.  
You're in my blood, my veins, girl you've got me outside  
of my mind.

You're my bad habit woman.  
You're my bad habit, girl.  
You're my bad habit woman.  
You're my bad habit, girl.

All eyes on the door,  
Well, my baby she's got the floor.  
Now everybody wants to know more,  
But I'm the only one she sees... the only one she adores.  
Those long legs start to shake,  
She's got the moves, she don't need to fake.  
I look at her and she looks up at me,  
I've got the music and the instruments, I know just how  
to set her free.

## WINTER COWBOYS

All the hogs down at the watering hole,  
Wasting time.  
All the dogs down at the corner store,  
Want a piece of the pie.  
All the cats running in the streets,  
Have got a reason why,

To keep on keepin' on,  
When most would rather die.

But it's, liquid courage,  
That'll brighten up a day.  
A little, liquid courage,  
To chase the pain away.

All the winter cowboys,  
Keepin' warm on beer and rye,  
It's all they really asked for,  
Who you to stop 'em from,  
Just wasting time?

Got this old grey sofa,  
Stained with red wine.  
But it serves as a place to rest my head on,  
And that does me fine.  
Should I change my ways tomorrow,  
Save up a couple dimes,  
Buy a big house in the suburbs,  
To fake the perfect life?

But it's, liquid courage,  
That'll brighten up a day.  
A little, liquid courage,  
To chase the pain away.

All the winter cowboys,  
Keepin' warm on beer and rye,  
It's all they really asked for.  
Who you to stop 'em from,  
Just wasting time?

I've been holding on for someone else for so long,  
Can't force a smile so don't you tell me I must stay strong.

All the winter cowboys,  
Keepin' warm on beer and rye,  
It's all they really asked for,  
Who you to stop 'em from,  
Just wasting time?  
Who you to stop us from,  
Killing time?

Who you to stop me from,  
Just wasting time?

## PEACE WITH YOU

You said I'd be sorry,  
Once I close the door.  
You tried to warn me,  
It wouldn't open anymore.  
Now my words won't get through to you,  
And sorry just won't do.

Well, I let my pride,  
Stand in the way of making things right,  
But in my mind,  
There was no coming back from that night.  
Now the only thing that I can do,  
Is pray for forgiveness and hope it reaches you.

So much to say,  
Now that you're gone.  
Last week I ignored your call,  
How could I be so wrong.  
And if I could turn back time,  
There's so much I'd wanna say to you,  
I'd be so much wiser too.  
Oh, let me tell you what I'd wanna do.

I would hold on to you,  
Never let this nightmare come true,  
Sit down and have that last talk,  
Before it's too late to tell our truth.  
I'd put down my pride and listen.  
'Cause now that our time is through,

I'm sorry,  
I'm so sorry,  
I couldn't make,  
Peace with you.

## MAMA SAID

Mama said "it will all be okay,"  
But now I know, that was a little white lie.  
When all odds seemed to go the other away,  
She says that you can make it if you try.

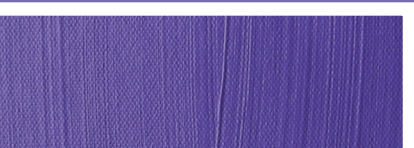
Mama said,  
"It's on you to make a change,  
Don't wait for the big guy above."  
When I'm down and all hope begins to fade,  
She says, "This is the hole that you've dug.  
Keep your head high,  
In time you'll realize,  
Today's troubles, will soon belong to yesterday."

When it all comes down, and I can't see one way through  
She says,  
"There'll be sun when the clouds pass through."

Restless days tied to sleepless nights,  
I know that you have had your share.  
On long days when the pain showed in your eyes,  
You helped me see we've all got a cross to bare.

Mama said not to let your heels hang down,  
"Or you'll drag your dirt all along the way.  
Lift those legs, turn your face up to the sky,  
Life's brighter when you live for the day.  
Keep your head high,  
In time you'll realize,  
Today's troubles,  
Will soon belong to yesterday."

For every day, met with, darkness and strife,  
A sunny day will be waiting for you.



# *A Fool's Heart*

JUSTIN SALADINO BAND

All songs written by **Justin Saladino**  
Except: "Bad Habit" (**Justin Saladino / Jessica Spilak**)

Contributing arrangements by  
**A.J. Aboud, Félix Blackburn, Gabriel Forget, and Connor Seidel**

Published by **Justin Saladino** and **Éditions Bros**

## **THE BAND:**

**Justin Saladino** Vocals and Guitars / **A.J. Aboud** Drums and Percussion / **Félix Blackburn** Guitars /  
**Gabriel Forget** Electric Bass / **Beatrice Keeler** Vocals / **David Osei-Afrifa** Keys /  
**Remi Cormier** Trumpet and Flugelhorn / **Connor Seidel** Percussion

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Recorded in Montreal, Quebec at **Studio Dandurand** and **Outro** / Photographs by **Marlon Kuhnreich** / Album  
Design by **Cow Goes Moo** / Back Cover and Lyric Page artwork by **Ariel Lacombe**

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2. HONEY (4.39)
3. TAKE WHAT YOU NEED (4.26)
4. ALL YOU EVER NEED (5.10)
5. THIRD WEEK OF JUNE (3.40)
6. GOOD LOVE (5.22)
7. PUT THE HAMMER DOWN (5.34)
8. ONLY YOU (4.39)
9. BAD HABIT (3.31)
10. WINTER COWBOYS (4.20)
11. PEACE WITH YOU (3.06)
12. MAMA SAID (3.22)