



GOOD TROUBLE

**PAUL DESLAURIERS
& ANNIKA CHAMBERS**

"Do not get lost in a sea of despair. Be hopeful, be optimistic. Our struggle is not the struggle of a day, a week, a month, or a year, it is the struggle of a lifetime. Never, ever be afraid to make some noise and get in good trouble, necessary trouble."

~John Lewis~

This project has been a long time in the making. With the help of our talented brothers JP Soars and Chris Peet, what started as our musical therapy during the pandemic turned into a beautiful project we needed to share with the world. We recorded it live off the floor, all of us sitting in the same room making music purely for pleasure. We wanted to capture the time we were living through and we hope you can feel the raw and real energy we were feeling while we were putting it down.

La production de cet album s'est étalée sur de nombreux mois. Ce qui était à l'origine une thérapie Covid avec nos talentueux amis JP Soars et Chris Peet s'est transformé en un merveilleux projet musical que nous partageons maintenant. Nous avons enregistré les chansons initiales de manière live, tous rassemblés dans la même pièce, juste pour le plaisir. Nous avons capturé bien plus que ces moments particuliers, une réelle énergie brute anime l'album.

Nos remerciements sentis sont transmis aux musiciens qui se sont greffés au projet : Gary Davenport, Alec McElcheran, Bernard «Bingo» Deslauriers, Barry Selen et Kim Richardson.

Un remerciement spécial à René Moisan des Productions Bros pour sa grande implication.

To my wife, Annika (Lil Mama), thank you for being my inspiration, my muse, my life-saver and my reason to keep going. I love you beyond what is possible to express with words and am utterly grateful that we get to walk this life side by side every day. To my son Leo, you continue to amaze me every day, I couldn't be more proud of you!

To Paul, my partner in love and in music. Thank you for being on this journey with me. Thank you for being my rock. Thank you for pushing me out of my comfort zone as an artist and now a new title "Producer". You continue to inspire me daily and I'm excited for what's to come in our future. Our love truly shines through in all that we do. I love you Big Daddy.

Annika Chambers and Paul DesLauriers use Telefunken microphones

Paul DesLauriers uses Gibson guitars, Howling Monkey Guitar Picks, Planet Tone Pickups, Wizard Amplifiers, Levy's Leathers straps and gig bags, Larrivée acoustic guitars

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Paul DesLauriers : Guitars, Lead vocals (6), Back-up Vocals (5), Cigar Box Guitar and Dobro (4),
Mandolin (1), Bass (10 & 11), Handclaps & Gang Vocals (2 & 11)

Annika Chambers : Lead Vocals, Handclaps & Gang Vocals (11)

JP Soars : Guitar (1,2,3,4,5,7,8,10), Bass (4 & 11)
Handclaps & Gang Vocals (2 & 11)

Chris Peet : Drums & Percussion (1,2,3,4,5,7,8,10,11), Bass (1,2,3,8), Handclaps & Gang Vocals (2 & 11)

Gary Davenport : Bass (5 & 7)

Alec McElcheran : Bass (6 & 9)

Bernard "Bingo" Deslauriers : Drums (6 & 9)

Barry Seelen : Hammond B-3 Organ (3,5,6)

Kim Richardson : Background Vocals (1,2,4,5,7)



Produced by Paul DesLauriers & Annika Chambers

Executive Producers: Paul DesLauriers & Annika Chambers, René Moisan

Recording: Man of War Studios, West Palm Beach FL,

Studio Tone Bender, Studio MixArt, Montréal QC

Engineers: Chris Peet, Boris Petrowski, Phil Pelletier, Fabrice Jean

Mix: Jean-Sébastien Chouinard

Mastering: Richard Addison, Trillium Sound

Layout / Design: Scott Kempler, Wang Dang Doodle Tees

Photos: Jason McNamara, Framed Photography

You've Got To Believe 3:46

(Chambers, DesLauriers, Peet, Soars, Davenport)

Stand Up 4:16

(Chambers, DesLauriers, Peet, Soars)

Isn't It A Pity 5:23

(George Harrison)

Heavy Load 3:59

(Chambers, DesLauriers, Peet, Soars)

Walk A Mile in My Shoes 7:33

(Joe South)

Need Your Love So Bad 5:50

(William Edward John, Mertis John Jr.)

We Got The Blues 3:49

(Cassie Taylor)

I'm Going To Live The Life I Sing About In My Song 4:38

(Dorsey, Chambers, DesLauriers, Peet, Soars)

Money's Funny 3:34

(B. Washington)

Mississippi Queen 2:35

(Laing, Rea, Pappalardi, West)

I Need More Power 9:56

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